

Fill The Frame

Fill the frame with as much of the subject as you can. This can be done by getting in extremely close, or simply changing your angle or perspective. Any distracting background is eliminated, and the image is much more intimate, viewed at an eye-to-eye level. Compose your photograph so that nothing but your subject is in the frame.

Images on left: not filling the frame; less interesting.



Images on right: subject filling the frame; more interesting.



How To Fill the Frame

In this case, the frame is the edges of the photograph you take. The expression "fill the frame" does not mean that your photograph should be packed with visual information. It means that your primary subject should be large enough in the photo to stand out from the surroundings.

It also means that you should isolate the primary subject of the photo, so that there is not a lot of other visual information competing for attention.

Get Up Close

The easiest way to fill the frame is to get right up next to your subject. If your subject is a leaf, make sure it is the largest element in the photo. If your subject is a house, fill as much of the photo as you can with it. If you're making a portrait with a competing background, get close to your subject and eliminate as much of the background as you can.

