

VISUAL JOURNAL SUPPLIES

The following supplies are common household items that can be used in your visual journal. Think creatively and outside of the box on how you can create amazing works of art from home.

ADHESIVES & FASTNERS:

Use these items to build layers on your journal:

- Elmer's Glue
- Staples
- Packaging tape
- Masking tape
- Duct tape
- Hot glue
- Sewing tools (sew with a needle and thread or on a sewing machine)
- Paperclips

ITEMS FOR CUTTING:

- Scissors
- Xacto knives or box cutters (under supervision and with CAUTION)
- Ripping paper

ITEMS FOR COLLAGING:

- Magazines
- Newspapers
- Scrap paper
- Tape (masking, Duct, packaging tape)
- Foil
- Plastic wrap
- Grocery bags
- Paper bags
- Wrapping paper
- Ziplock bags (staple onto a page and – use it to hold an image)
- Fabric scraps
- Printed images found online
- Old photographs

ITEMS FOR DECORATING:

- Sharpies
- Markers
- Crayons
- Pencils
- Pens
- Any type of paint (house paint, spray paint)
- Bubble wrap (dip in paint and print with it)

ADDING TEXT:

- Write with any writing tool on top of your layers.
- Write on scrap paper and layer it over a collage.
- Type text, print it, cut it, and layer it.